



# SKI D'Lite favourites 6 × 200g

peach & mango; vanilla crème; and wild strawberry

## peach & mango

### LOW FAT<sup>+</sup> PEACH & MANGO YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (7.0%) (PEACH (3.6%), RECONSTITUTED MANGO PUREE (2.2%), MANGO (1.2%)), CREAM (FROM MILK), GELATINE, FRUCTOSE, THICKENER (1442) (FROM TAPIOCA), FLAVOURS, ACIDITY REGULATOR (331), NATURAL COLOUR (160b), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE <sup>†</sup> PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	748 kJ (178 Cal)	9%	374 kJ (89 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	29.6 g	10%	14.8 g
- SUGARS	27.6 g	31%	13.8 g
SODIUM	108 mg	5%	54 mg
CALCIUM	316 mg (40% RDI*)		158 mg
PROBIOTICS <sup>^</sup>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

\*Recommended Dietary Intake.  
<sup>^</sup>B.lactis, L. acidophilus.  
<sup>#</sup>Colony Forming Units.  
<sup>†</sup>Percentage Daily Intakes are based on an average adult daily diet of 8700 kJ.  
 Your daily intakes may be higher or lower depending on your energy needs.  
<sup>\*</sup>Contains 0.9 g fat, total per 100 g.





# SKI D'Lite favourites 6 × 200g

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## vanilla crème

### LOW FAT<sup>+</sup> VANILLA FLAVOURED YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, WATER, CREAM (FROM MILK), THICKENER (1442) (FROM MAIZE), GELATINE, FLAVOURS, ACIDITY REGULATORS (332, 270, 330), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE <sup>†</sup> PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	758 kJ (182 Cal)	9%	379 kJ (91 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	30.2 g	10%	15.1 g
- SUGARS	28.0 g	31%	14.0 g
SODIUM	108 mg	5%	54 mg
CALCIUM	316 mg (40% RDI <sup>*</sup> )		158 mg
PROBIOTICS <sup>^</sup>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

\*Recommended Dietary Intake.  
<sup>^</sup>B.lactis, L. acidophilus.  
<sup>#</sup>Colony Forming Units.  
<sup>†</sup>Percentage Daily Intakes are based on an average adult daily diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.  
<sup>\*</sup>Contains 0.9 g fat, total per 100 g.





# SKI D'lite favourites 6 × 200g

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## wild strawberry

### LOW FAT<sup>+</sup> STRAWBERRY YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (7.8%) (STRAWBERRY, RECONSTITUTED STRAWBERRY PUREE), CREAM (FROM MILK), GELATINE, THICKENER (1442) (FROM TAPIOCA), FLAVOURS, ACIDITY REGULATORS (331, 330, 296), FIRMING AGENT (509), NATURAL COLOUR (120), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE <sup>†</sup> PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	738 kJ (176 Cal)	8%	369 kJ (88 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	29.0 g	9%	14.5 g
- SUGARS	27.0 g	30%	13.5 g
SODIUM	112 mg	5%	56 mg
CALCIUM	320 mg (40% RDI*)		160 mg
PROBIOTICS <sup>^</sup>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

\*Recommended Dietary Intake.  
<sup>^</sup>B.lactis, L. acidophilus.  
<sup>#</sup>Colony Forming Units.  
<sup>†</sup>Percentage Daily Intakes are based on an average adult daily diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.  
<sup>\*</sup>Contains 0.9 g fat, total per 100 g.

