



# SKI D'Lite mango lovers 6 × 200g

mango; peach, mango & passionfruit; and peach & mango

## mango

### LOW FAT<sup>+</sup> MANGO YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (5.0%) (MANGO, RECONSTITUTED MANGO), CREAM (FROM MILK), GELATINE, THICKENER (1442) (FROM MAIZE), FLAVOURS, VEGETABLE GUMS (415, 412), ACIDITY REGULATORS (331, 296), NATURAL COLOUR (160b), FIRMING AGENT (509), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE <sup>†</sup> PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	768 kJ (184 Cal)	9%	384 kJ (92 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	30.8 g	10%	15.4 g
- SUGARS	28.8 g	32%	14.4 g
SODIUM	114 mg	5%	57 mg
CALCIUM	318 mg (40% RDI*)		159 mg
PROBIOTICS <sup>^</sup>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

\*Recommended Dietary Intake.  
<sup>^</sup>B.lactis, L. acidophilus.  
<sup>#</sup>Colony Forming Units.  
<sup>†</sup>Percentage Daily Intakes are based on an average adult daily diet of 8700 kJ.  
 Your daily intakes may be higher or lower depending on your energy needs.  
<sup>\*</sup>Contains 0.9 g fat, total per 100 g.





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## peach, mango & passionfruit

### LOW FAT<sup>+</sup> PEACH, MANGO & PASSIONFRUIT YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (5.1%) (PEACH (3.4%), MANGO PUREE (0.9%), PASSIONFRUIT (0.8%)), CREAM (FROM MILK), GELATINE, THICKENER (1442) (FROM MAIZE), FLAVOUR, VEGETABLE GUMS (412, 415), ACIDITY REGULATORS (332, 330), NATURAL COLOUR (160b), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE <sup>†</sup> PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	734 kJ (176 Cal)	8%	367 kJ (88 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	28.6 g	9%	14.3 g
- SUGARS	26.8 g	30%	13.4 g
SODIUM	108 mg	5%	54 mg
CALCIUM	318 mg (40% RDI*)		159 mg
PROBIOTICS <sup>^</sup>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

\*Recommended Dietary Intake.  
<sup>^</sup>B.lactis, L. acidophilus.  
<sup>#</sup>Colony Forming Units.  
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## peach & mango

### LOW FAT<sup>+</sup> PEACH & MANGO YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (7.0%) (PEACH (3.6%), RECONSTITUTED MANGO PUREE (2.2%), MANGO (1.2%)), CREAM (FROM MILK), GELATINE, FRUCTOSE, THICKENER (1442) (FROM TAPIOCA), FLAVOURS, ACIDITY REGULATOR (331), NATURAL COLOUR (160b), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE <sup>†</sup> PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	748 kJ (178 Cal)	9%	374 kJ (89 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	29.6 g	10%	14.8 g
- SUGARS	27.6 g	31%	13.8 g
SODIUM	108 mg	5%	54 mg
CALCIUM	316 mg (40% RDI*)		158 mg
PROBIOTICS <sup>^</sup>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

\*Recommended Dietary Intake.  
<sup>^</sup>B.lactis, L. acidophilus.  
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