



SKI D'lite mountain berries

6 × 200g

berry basket; wild blueberry; and wild strawberry

berry basket

LOW FAT⁺ MIXED BERRY YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (4.5%) (STRAWBERRY, CHERRY, RASPBERRY PUREE, BLACKCURRANT), CREAM (FROM MILK), FRUIT JUICE (0.5%) (RECONSTITUTED STRAWBERRY JUICE), GELATINE, THICKENER (1442) (FROM MAIZE), FLAVOURS, ACIDITY REGULATOR (296), FIRMING AGENT (509), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE [†] PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	768 kJ (184 Cal)	9%	384 kJ (92 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	30.6 g	10%	15.3 g
- SUGARS	28.6 g	32%	14.3 g
SODIUM	108 mg	5%	54 mg
CALCIUM	318 mg (40% RDI ^{**})		159 mg
PROBIOTICS [^]	1,000,000,000 cfu [#]		500,000,000 cfu [#]

*Recommended Dietary Intake.

[^]B.lactis, L. acidophilus.

[#]Colony Forming Units.

[†]Percentage Daily Intakes are based on an average adult daily diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.

*Contains 0.9 g fat, total per 100 g.



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6 × 200g

berry basket; wild blueberry; and wild strawberry

wild blueberry

LOW FAT⁺ BLUEBERRY YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (4.4%) (BLUEBERRY), CREAM (FROM MILK), FRUIT JUICE (0.6%) (RECONSTITUTED BLUEBERRY JUICE), GELATINE, THICKENER (1442) (FROM MAIZE), FLAVOUR, ACIDITY REGULATOR (331), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE [†] PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	752 kJ (180 Cal)	9%	376 kJ (90 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	29.8 g	10%	14.9 g
- SUGARS	27.8 g	31%	13.9 g
SODIUM	116 mg	5%	58 mg
CALCIUM	316 mg (40%RDI ^{**})		158 mg
PROBIOTICS [^]	1,000,000,000 cfu [#]		500,000,000 cfu [#]

*Recommended Dietary Intake.

[^]B.lactis, L. acidophilus.

[#]Colony Forming Units.

[†]Percentage Daily Intakes are based on an average adult daily diet of 8700 kJ.

Your daily intakes may be higher or lower depending on your energy needs.

^{*}Contains 0.9 g fat, total per 100 g.



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6 × 200g

berry basket; wild blueberry; and wild strawberry

wild strawberry

LOW FAT⁺ STRAWBERRY YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (7.8%) (STRAWBERRY, RECONSTITUTED STRAWBERRY PUREE), CREAM (FROM MILK), GELATINE, THICKENER (1442) (FROM TAPIOCA), FLAVOURS, ACIDITY REGULATORS (331, 330, 296), FIRMING AGENT (509), NATURAL COLOUR (120), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE [†] PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	738 kJ (176 Cal)	8%	369 kJ (88 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	29.0 g	9%	14.5 g
- SUGARS	27.0 g	30%	13.5 g
SODIUM	112 mg	5%	56 mg
CALCIUM	320 mg (40% RDI ^{**})		160 mg
PROBIOTICS [^]	1,000,000,000 cfu [#]		500,000,000 cfu [#]

*Recommended Dietary Intake.

[^]B.lactis, L. acidophilus.

[#]Colony Forming Units.

[†]Percentage Daily Intakes are based on an average adult daily diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.

^{*}Contains 0.9 g fat, total per 100 g.