



## SKI D'Lite Peach & Mango 1 kg

### LOW FAT+ PEACH & MANGO YOGURT

**INGREDIENTS:** SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (7.0%) (PEACH (3.6%), RECONSTITUTED MANGO PUREE (2.2%), MANGO (1.2%)), **CREAM** (FROM MILK), GELATINE, FRUCTOSE, THICKENER (1442) (FROM TAPIOCA), FLAVOURS, ACIDITY REGULATOR (331), NATURAL COLOUR (160b), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
SERVINGS PER PACKAGE:	5		
SERVING SIZE:	200 g		
	AVERAGE QUANTITY PER SERVING	%DAILY INTAKE† PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	748 kJ (177 Cal)	9%	374 kJ (89 Cal)
PROTEIN	10 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	29.6 g	10%	14.8 g
- SUGARS	27.6 g	31%	13.8 g
SODIUM	108 mg	5%	54 mg
CALCIUM	316 mg (40% RDI**)		158 mg
<b>PROBIOTICS<sup>A</sup></b>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

+CONTAINS 0.9g FAT, TOTAL PER 100 g

\*\*RECOMMENDED DIETARY INTAKE. <sup>A</sup>B. LACTIS, L. ACIDOPHILUS. #COLONY FORMING UNITS.

†PERCENTAGE DAILY INTAKES ARE BASED ON AN AVERAGE ADULT DIET OF 8700 kJ.

YOUR DAILY INTAKES MAY BE HIGHER OR LOWER DEPENDING ON YOUR ENERGY NEEDS.

