



SKI D'lite peach & mango

2 × 200 g

LOW FAT⁺ PEACH & MANGO YOGHURT

INGREDIENTS: SKIM MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (7.0%) (PEACH (3.6%), RECONSTITUTED MANGO PUREE (2.2%), MANGO (1.2%)), CREAM (FROM MILK), GELATINE, FRUCTOSE, THICKENER (1442) (FROM TAPIOCA), FLAVOURS, ACIDITY REGULATOR (331), NATURAL COLOUR (160b), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE: 2			
SERVING SIZE: 200 g (1 TUB)			
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE [†] PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	748 kJ (179 Cal)	9%	374 kJ (89 Cal)
PROTEIN	10.0 g	20%	5.0 g
FAT, TOTAL	1.8 g	3%	0.9 g
- SATURATED	1.2 g	5%	0.6 g
CARBOHYDRATE	29.6 g	10%	14.8 g
- SUGARS	27.6 g	31%	13.8 g
SODIUM	108 mg	5%	54 mg
CALCIUM	316 mg (40% RDI ^{**})		158 mg
PROBIOTICS [^]	1,000,000,000 cfu [#]		500,000,000 cfu [#]

*Recommended Dietary Intake.

[^]B.lactis, L. acidophilus.

[#]Colony Forming Units.

[†]Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

^{*}Contains 0.9 g fat, total per 100 g.

