



## SKI DIVINE Mango Twin Pack

### MANGO YOGHURT

**INGREDIENTS:** MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (5.0%) (MANGO, RECONSTITUTED MANGO), CREAM (FROM MILK), GELATINE, THICKENER (1442) (FROM MAIZE), FLAVOURS, VEGETABLE GUMS (415, 412), ACIDITY REGULATORS (331, 296), NATURAL COLOUR (160b), FIRMING AGENT (509), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
SERVINGS PER PACKAGE:	2		
SERVING SIZE:	200 g (1 TUB)		
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE <sup>†</sup> PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	874 kJ (173 Cal)	10%	437 kJ (87 Cal)
PROTEIN	8.4 g	17%	4.2 g
FAT, TOTAL	6.6 g	9%	3.3 g
- SATURATED	4.6 g	19%	2.3g
CARBOHYDRATE	28.2 g	9%	14.1 g
- SUGARS	26.4 g	29%	13.2 g
SODIUM	96 mg	4%	48 mg
CALCIUM	270 mg (34% RDI <sup>**</sup> )		135 mg
<b>PROBIOTICS<sup>^</sup></b>	1,000,000,000 cfu <sup>#</sup>		500,000,000 cfu <sup>#</sup>

**\*\*RECOMMENDED DIETARY INTAKE. <sup>^</sup>B. LACTIS, L. ACIDOPHILUS. #COLONY FORMING UNITS.**

**†PERCENTAGE DAILY INTAKES ARE BASED ON AN AVERAGE ADULT DIET OF 8700 kJ.**

**YOUR DAILY INTAKES MAY BE HIGHER OR LOWER DEPENDING ON YOUR ENERGY NEEDS.**