



SKI DIVINE Wild Blueberry Twin Pack

BLUEBERRY YOGHURT

INGREDIENTS: MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT (4.4%) (BLUEBERRY), **CREAM** (FROM MILK), FRUIT JUICE (0.6%) (RECONSTITUTED BLUEBERRY JUICE), GELATINE, THICKENER (1442) (FROM MAIZE), FLAVOUR, ACIDITY REGULATOR (331), LIVE CULTURES (S. THERMOPHILUS, B. LACTIS, L. ACIDOPHILUS).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
SERVINGS PER PACKAGE:	2		
SERVING SIZE:	200 g (1 TUB)		
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE [†] PER SERVING	AVERAGE QUANTITY PER 100 g
ENERGY	858kJ (205 Cal)	10%	429 kJ (103 Cal)
PROTEIN	8.4 g	17%	4.2 g
FAT, TOTAL	6.6 g	9%	3.3 g
- SATURATED	4.6 g	19%	2.3g
CARBOHYDRATE	27.2 g	9%	13.6 g
- SUGARS	25.2 g	28%	12.6 g
SODIUM	98 mg	4%	49 mg
CALCIUM	268 mg (34% RDI ^{**})		134 mg
PROBIOTICS[^]	1,000,000,000 cfu [#]		500,000,000 cfu [#]

****RECOMMENDED DIETARY INTAKE. [^]B. LACTIS, L. ACIDOPHILUS. #COLONY FORMING UNITS.**

†PERCENTAGE DAILY INTAKES ARE BASED ON AN AVERAGE ADULT DIET OF 8700 kJ.

YOUR DAILY INTAKES MAY BE HIGHER OR LOWER DEPENDING ON YOUR ENERGY NEEDS.

