



SKI DOUBLE UP Crunchy Muesli 165g

LOW FAT⁺ VANILLA FLAVOURED YOGHURT WITH MUESLI

INGREDIENTS: Low Fat Vanilla Flavoured Yoghurt (85%) (Skim **Milk**, Sugar, **Milk Solids**, Water, Cream (From **Milk**), Thickener (1442) (From Maize), Vegetable Gums (406, 440), Flavours, Acidity Regulators (332, 270, 330), Live Cultures (*S. thermophilus*, *B. lactis*, *L. acidophilus*)), Muesli (15%) (Rolled **Oats**, Sugar, Dried Paw Paw (1%), Sultanas (1%), Glucose (From Corn), Canola Oil, Dried Apple (Contains **Sulphites**), Currants, Antioxidant (306)).

Contains: Milk and Milk Products, Cereals containing Gluten, Sulphites.

May Contain: Tree Nuts, Sesame Seeds & Soy.

| SKI Double Up Crunchy Muesli 165 g | | | |
|------------------------------------|--------------------------------|---|------------------------------|
| NUTRITION INFORMATION | | | |
| SERVINGS PER PACKAGE: 1 | | | |
| SERVING SIZE: 165 g | | | |
| | AVERAGE QUANTITY PER SERVING | % DAILY INTAKE [†] PER SERVING | AVERAGE QUANTITY PER 100 g |
| ENERGY | 983 kJ (235 Cal) | 11% | 596 kJ (142 Cal) |
| PROTEIN | 8.9 g | 18% | 5.4 g |
| FAT, TOTAL | 3.6 g | 5% | 2.2 g |
| - SATURATED | 1.2 g | 5% | 0.7 g |
| CARBOHYDRATE | 40.3 g | 13% | 24.4 g |
| - SUGARS | 26.6 g | 30% | 16.1 g |
| SODIUM | 91 mg | 4% | 55 mg |
| CALCIUM | 248 mg (31% RDI*) | | 150 mg |
| PROBIOTICS [^] | 1,000,000,000 cfu [#] | | 541,000,000 cfu [#] |

*RECOMMENDED DIETARY INTAKE. [^]B. LACTIS, L. ACIDOPHILUS. [#]COLONY FORMING UNITS.

[†]PERCENTAGE DAILY INTAKES ARE BASED ON AN AVERAGE ADULT DIET OF 8700 kJ. YOUR DAILY INTAKES MAY BE HIGHER OR LOWER DEPENDING ON YOUR ENERGY NEEDS.

⁺LOW FAT CONTAINS 2.2 g FAT, TOTAL PER 100g.

